



EVERYDAY CURRENT AFFAIRS – MARCH 08, 2025

DEFENCE

➤ **Sea Dragon 2025 Naval Exercise**

- ✓ The Sea Dragon 2025 naval exercise, a key multilateral maritime warfare drill, has commenced off the Guam coast in the western Pacific Ocean.



- ✓ This high-intensity anti-submarine warfare (ASW) exercise is hosted by the United States Navy's 7th Fleet and will take place from March 4 to March 19, 2025.
- ✓ The Indian Navy, along with the Japan Maritime Self-Defence Force (JMSDF), Royal Australian Air Force (RAAF), and the Republic of Korea Navy (ROKN), is participating in this tactical interoperability exercise, aiming to enhance coordination in maritime security operations.

REPORT

➤ **A Third Of India's Population Will Be Obese By 2050: Lancet Analysis**

- ✓ As per the study, already almost half the world's adults -- a billion men and over a billion women aged 25 years and above -- were overweight and obese in 2021.



- ✓ By 2050, India could have over 440 million obese and overweight people, a global analysis published in The Lancet journal has estimated.
- ✓ Number of overweight and obese adults by mid-century in India (218 million men and 231 million women) could be the second highest in the world, after China, with the US, Brazil and Nigeria expected to rank third, fourth and fifth, respectively, the findings by an international team of researchers reveal.

IMPORTANT DAYS

- **International Women's Day: March 08**
- ✓ On 8 March every year, International Women's Day is celebrated.



- ✓ The day is celebrated to help create a gender-equal world and to celebrate the achievements of women and their growing visibility in every walk of life.
- ✓ The day celebrates the economic, social, political, and cultural achievements of women worldwide.
- ✓ The theme of International Women's Day 2025 is "For ALL Women and Girls: Rights. Equality. Empowerment."

