

## EVERYDAY CURRENT AFFAIRS - OCTOBER 10, 2025

## **AWARDS**

- Nobel Peace Prize 2025 Laureate
- ✓ Maria Corina Machado, a fearless Venezuelan politician and activist, has won the 2025 Nobel Peace Prize for her tireless efforts in promoting democracy, free elections, and peaceful transition from authoritarian rule.



✓ Founder of Súmate, she is recognized for her nonviolent resistance, civilian courage, and leadership in defending human rights and judicial independence, inspiring millions in Venezuela and worldwide.

## **PERSONALITIES**

- India's First Mrs Universe Crown
- ✓ Sherry Singh made history by winning India's first-ever Mrs Universe 2025 crown at the grand finale in Manila, Philippines, outshining 120 global delegates.



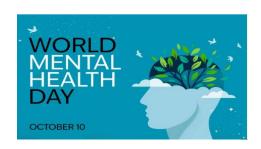
- ✓ Representing India after being crowned Mrs India 2025 by UMB Pageants, she impressed with her poise, focus on women's empowerment and mental health awareness, and a blend of strength, kindness, and resilience.
- ✓ Her victory marks a moment of national pride, setting a new benchmark for Indian women on global platforms of beauty, intellect, and social responsibility.

## **IMPORTANT DAYS**

- National Post Day October 10
- ✓ National Post Day, celebrated on October 10, honours the 150+ year legacy of India Post—the world's largest postal network.



- ✓ Declared in 1982, it marks the vital role of postal services in communication, governance, and socio-economic development, especially in rural India.
- ✓ From Speed Post to India Post Payments Bank (IPPB) and the 2025 plan to transform India Post into a logistics and financial inclusion hub.
- World Mental Health Day October 10
- ✓ World Mental Health Day, observed every 10 October, aims to raise awareness and promote the importance of mental health globally.



✓ The 2025 theme is "Access to Services – Mental Health in Catastrophes and Emergencies", emphasizing the need for inclusive and timely mental health support during crises like pandemics, wars, and natural disasters.



